



**DESI** at  
**HEART**





Ashoka exudes a love for authentic Indian food with a range of sauces, pickles, dips, pastes, ready-to-eat foods, frozen parathas, frozen samosas, frozen naans and more.



Be it the appetising dum-aloo from the valleys of Kashmir or the exquisite pickles from the southern lands of the Maharajas, our palatable foods will definitely take you on a memorable trip down the lanes of India.

Our frozen entrees and Shelf table products perfectly suit today's lifestyle, which seldom gives us time to relish a good meal. So, whether you are always on the move or staying miles away from home craving for some homemade food, our ready-to-eat products will satisfy your cravings. You'll find your home away from home. Enjoy the authentic Indian taste with Ashoka, one of India's leading ready-to-eat food brands.



# DESI *at* HEART





# SHELF STABLE PRODUCTS



# DIPPING SAUCES



**CHATPATA  
ACHARI**



**HOT & SWEET  
CHILLI**



**SPICY  
SCHEZWAN**



**TANGO  
MANGO**



**TWISTY  
TAMARIND**

WT. PER PACK  
220g

PACKS / CARTON  
2 X 6 X 220 GMS GLASS BOTTLES



8 901552 024723

WT. PER PACK  
250g

PACKS / CARTON  
2 X 6 X 250 GMS GLASS BOTTLES



8 901552 024624

WT. PER PACK  
220g

PACKS / CARTON  
2 X 6 X 220 GMS GLASS BOTTLES



8 901552 024617

WT. PER PACK  
240g

PACKS / CARTON  
2 X 6 X 240 GMS GLASS BOTTLES



8 901552 024631

WT. PER PACK  
250g

PACKS / CARTON  
2 X 6 X 250 GMS GLASS BOTTLES



8 901552 024778

# CHUTNEYS

Made with fresh ingredients.



**SANDWICH CHUTNEY**

WT. PER PACK  
250g e

PACKS / CARTON  
2 X 6 X 250 GMS GLASS BOTTLES



8 901552 028158



**SCHEZWAN CHUTNEY**

WT. PER PACK  
250g e

PACKS / CARTON  
2 X 6 X 250 GMS GLASS BOTTLES



8 901552 028165



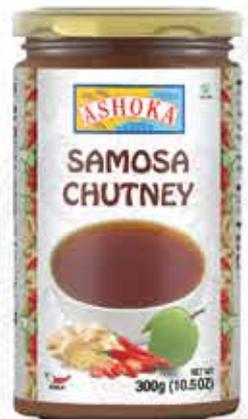
**SWEET MANGO CHUTNEY**

WT. PER PACK  
300g e

PACKS / CARTON  
2 X 6 X 300 GMS GLASS BOTTLES



8 901552 028127



**SAMOSA CHUTNEY**

WT. PER PACK  
300g e

PACKS / CARTON  
2 X 6 X 300 GMS GLASS BOTTLES



8 901552 028103

# CHUTNEYS

Made with fresh ingredients.



**CHAAT CHUTNEY**

WT. PER PACK  
250g e

PACKS / CARTON  
2 X 6 X 250 GMS GLASS BOTTLES



8 901552 028097



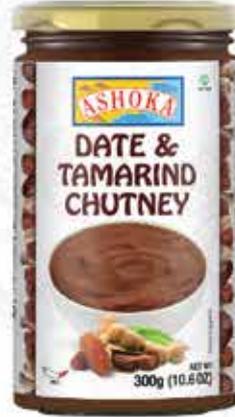
**CORIANDER CHUTNEY**

WT. PER PACK  
250g e

PACKS / CARTON  
2 X 6 X 250 GMS GLASS BOTTLES



8 901552 028189



**DATE & TAMARIND CHUTNEY**

WT. PER PACK  
300g e

PACKS / CARTON  
2 X 6 X 250 GMS GLASS BOTTLES



8 901552 028196



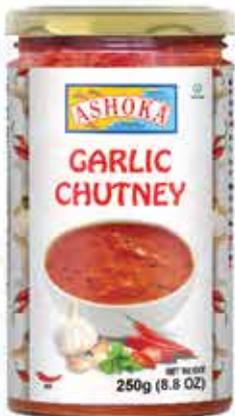
**GARLIC CHUTNEY (DRY)**

WT. PER PACK  
150g e

PACKS / CARTON  
2 X 6 X 150 GMS GLASS BOTTLES



8 901552 028110



**GARLIC CHUTNEY**

WT. PER PACK  
250g e

PACKS / CARTON  
2 X 6 X 250 GMS GLASS BOTTLES



8 901552 028172



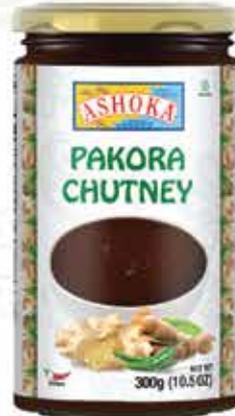
**MINT CHUTNEY**

WT. PER PACK  
250g e

PACKS / CARTON  
2 X 6 X 250 GMS GLASS BOTTLES



8 901552 028134



**PAKORA CHUTNEY**

WT. PER PACK  
300g e

PACKS / CARTON  
2 X 6 X 300 GMS GLASS BOTTLES



8 901552 028080



**PANIPURI CONCENTRATE**

WT. PER PACK  
250g e

PACKS / CARTON  
2 X 6 X 250 GMS GLASS BOTTLES



8 901552 028141

# CHUTNEYS

Made with fresh ingredients.



**CORIANDER CHUTNEY**

WT. PER PACK  
250g e

PACKS / CARTON  
6 X 700 GMS GLASS BOTTLES



**DATE & TAMARIND CHUTNEY**

WT. PER PACK  
300g e

PACKS / CARTON  
6 X 900 GMS GLASS BOTTLES



**MINT CHUTNEY**

WT. PER PACK  
250g e

PACKS / CARTON  
6 X 700 GMS GLASS BOTTLES



# COOKING SAUCES

Family Pack



## BUTTER CHICKEN SAUCE

WT. PER PACK  
2.1kg / 2L

PACKS / CARTON  
4 X 2100 GMS JARS



## KORMA SAUCE

WT. PER PACK  
2.1kg / 2L

PACKS / CARTON  
4 X 2100 GMS JARS



## TIKKA MASALA SAUCE

WT. PER PACK  
2.1kg / 2L

PACKS / CARTON  
4 X 2100 GMS JARS



## VINDALOO SAUCE

WT. PER PACK  
2.1kg / 2L

PACKS / CARTON  
4 X 2100 GMS JARS



# STIR-FRY SAUCES

Made with Olive Oil



**MANCHURIAN**  
STIR-FRY SAUCE

WT. PER PACK  
285g e

PACKS / CARTON  
6 X 285 GMS CANS/TRAY



**SCHEZWAN**  
STIR-FRY SAUCE

WT. PER PACK  
285g e

PACKS / CARTON  
6 X 285 GMS CANS/TRAY



# TRADITIONAL PICKLES

Made using sunflower oil and traditional recipes with a blend of finest ingredients and spices



**CARROT PICKLE**

WT. PER PACK  
500 g

6 X 500 GMS BOTS/TRAY



**MANGO PICKLE  
MILD**

WT. PER PACK  
500 g

6 X 500 GMS BOTS/TRAY



**CHILLI PICKLE**

WT. PER PACK  
400 g

6 X 400 GMS BOTS/TRAY



**LIME PICKLE  
MILD**

WT. PER PACK  
500 g

6 X 500 GMS BOTS/TRAY



**MIXED PICKLE**

WT. PER PACK  
500 g

6 X 500 GMS BOTS/TRAY



# TRADITIONAL PICKLES

Made using sunflower oil and traditional recipes with a blend of finest ingredients and spices



**FRESH TURMERIC PICKLE**

WT. PER PACK  
500 g  
6 X 500 GMS BOTS/TRAY



**MANGO PICKLE HOT**

WT. PER PACK  
500 g  
6 X 500 GMS BOTS/TRAY



**GARLIC PICKLE**

WT. PER PACK  
500 g  
6 X 500 GMS BOTS/TRAY



**LIME PICKLE HOT**

WT. PER PACK  
500 g  
6 X 500 GMS BOTS/TRAY



**GUJRATI METHIA MANGO PICKLE**

WT. PER PACK  
500 g  
6 X 500 GMS BOTS/TRAY



**BRINJAL PICKLE**

WT. PER PACK  
575 g  
6 X 575 GMS BOTS/TRAY



**GOR-KERI PICKLE**

WT. PER PACK  
575 g  
6 X 575 GMS BOTS/TRAY



**CHHUNDO PICKLE**

WT. PER PACK  
575 g  
6 X 575 GMS BOTS/TRAY



**RAJASTHANI SWEET LIME PICKLE**

WT. PER PACK  
575 g  
6 X 575 GMS BOTS/TRAY



# TRADITIONAL PICKLES

Made using sunflower oil and traditional recipes with a blend of finest ingredients and spices



**LIME PICKLE**

WT. PER PACK  
2.5Kg (5lb 8.1 oz)  
2 x 2 x 2.5 KGS JAR/CTN



**MANGO PICKLE**

WT. PER PACK  
2.5Kg (5lb 8.1 oz)  
2 x 2 x 2.5 KGS JAR/CTN



**MIXED PICKLE**

WT. PER PACK  
2.5Kg (5lb 8.1 oz)  
2 x 2 x 2.5 KGS JAR/CTN



**CHILLI PICKLE**

WT. PER PACK  
4.25Kg (9lb 6 oz)  
2 x 2 x 4.25 KGS JAR/CTN  
Also Available in 5kg



**LIME PICKLE**

WT. PER PACK  
4.25Kg (9lb 6 oz)  
2 x 2 x 4.25 KGS JAR/CTN  
Also Available in 5kg



**MANGO PICKLE**

WT. PER PACK  
4.25Kg (9lb 6 oz)  
2 x 2 x 4.25 KGS JAR/CTN  
Also Available in 5kg



**MIXED PICKLE**

WT. PER PACK  
4.25Kg (9lb 6 oz)  
2 x 2 x 4.25 KGS JAR/CTN  
Also Available in 5kg



# PICKLES IN OLIVE OIL

Made using olive oil and traditional recipes with a blend of finest ingredients and spices



**PUNJABI MANGO PICKLE**  
IN OLIVE OIL

WT. PER PACK  
300g e

6 X 300 GMS BOTS/TRAY



8 901552 018913



**MANGO PICKLE**

IN OLIVE OIL

WT. PER PACK  
300g e

6 X 300 GMS BOTS/TRAY



8 901552 014397



**MIXED PICKLE**

IN OLIVE OIL

WT. PER PACK  
300g e

6 X 300 GMS BOTS/TRAY



8 901552 014403



**PUNJABI PACHRANGA PICKLE**

IN OLIVE OIL

WT. PER PACK  
300g e

6 X 300 GMS BOTS/TRAY



8 901552 018920



**RED CHILLI PICKLE**

IN OLIVE OIL

WT. PER PACK  
300g e

6 X 300 GMS BOTS/TRAY



8 901552 014458



**LIME PICKLE**

IN OLIVE OIL

WT. PER PACK  
300g e

6 X 300 GMS BOTS/TRAY



8 901552 021005



**CARROT PICKLE**

IN OLIVE OIL

WT. PER PACK  
300g e

6 X 300 GMS BOTS/TRAY



8 901552 021012



**GARLIC PICKLE**

IN OLIVE OIL

WT. PER PACK  
300g e

6 X 300 GMS BOTS/TRAY



8 901552 014434



**GREEN CHILLI PICKLE**

IN OLIVE OIL

WT. PER PACK  
300g e

6 X 300 GMS BOTS/TRAY



8 901552 014427

# COOKING PASTES

Made with Ginger and Garlic



**GARLIC PASTE**

WT. PER PACK  
300g / 10.6 oz  
12 X 300 GMS BOTS/TRAY



**GINGER GARLIC PASTE**

WT. PER PACK  
300g / 10.6 oz  
12 X 300 GMS BOTS/TRAY



**GINGER PASTE**

WT. PER PACK  
300g / 10.6 oz  
12 X 300 GMS BOTS/TRAY



**PEELED GARLIC PASTE  
WITH OIL**

WT. PER PACK  
300g / 10.6 oz  
12 X 300 GMS BOTS/TRAY



**PEELED GINGER  
GARLIC PASTE  
WITH OIL**

WT. PER PACK  
300g / 10.6 oz  
12 X 300 GMS BOTS/TRAY



**PEELED GINGER  
PASTE  
WITH OIL**

WT. PER PACK  
300g / 10.6 oz  
12 X 300 GMS BOTS/TRAY



# COOKING PASTES

Made with Peeled Ginger and Garlic with Oil



**PEELED GARLIC PASTE**  
WITH OIL

WT. PER PACK  
1Kg / 2lbs 3oz

6 X 1kg BOTS/TRAY



8 901552 021227



**PEELED GINGER GARLIC PASTE**  
WITH OIL

WT. PER PACK  
1Kg / 2lbs 3oz

6 X 1kg BOTS/TRAY



8 901552 021234



**PEELED GINGER PASTE**  
WITH OIL

WT. PER PACK  
1Kg / 2lbs 3oz

6 X 1kg BOTS/TRAY



8 901552 021210

# CONDIMENT PASTES



**BUTTER CHICKEN**

WT. PER PACK  
2.5kg e

12 X 2.5 KG BOTS/TRAY  
Also Available in 5kg



8 901552 023108



**TANDOORI PASTE**

WT. PER PACK  
2.5kg e

12 X 2.5 KG BOTS/TRAY  
Also Available in 5kg



8 901552 014571



**VINDALOO PASTE**

WT. PER PACK  
2.5kg e

12 X 2.5 KG BOTS/TRAY



8 901552 014540



**CURRY PASTE MILD**

WT. PER PACK  
2.5kg e

12 X 2.5 KG BOTS/TRAY  
Also Available in 5kg



8 901552 014533

# CONDIMENT PASTES



**BUTTER CHICKEN PASTE**

**BIRYANI PASTE**

**MADRAS CURRY PASTE**

**TANDOORI PASTE**

**TIKKA PASTE**

WT. PER PACK  
300 g e  
12 X 300 GMS BOTS/TRAY

WT. PER PACK  
300 g e  
12 X 300 GMS BOTS/TRAY

WT. PER PACK  
300 g e  
12 X 300 GMS BOTS/TRAY

WT. PER PACK  
300 g e  
12 X 300 GMS BOTS/TRAY

WT. PER PACK  
300 g e  
12 X 300 GMS BOTS/TRAY  
Also Available in 5kg



**CURRY PASTE MILD**

**VINDALOO PASTE**

**GREEN MASALA PASTE**

WT. PER PACK  
300g e  
12 X 300 GMS BOTS/TRAY  
Also Available in 5kg

WT. PER PACK  
300g e  
12 X 300 GMS BOTS/TRAY  
Also Available in 5kg

WT. PER PACK  
300g e  
12 X 300 GMS BOTS/TRAY



# INDO-CHINESE SAUCES

Stir - Fry Your Desi Chinese with Ashoka

Spicy, Sour & Tasty!



**Green Chilli Sauce**



**Dark Soy Sauce**



**Chilli Vinegar**



**Red Chilli Sauce**

WT. PER PACK  
190g (6.7 oz)  
24 x 190g Glass Bottle



8 901552 029582

WT. PER PACK  
210g (7.4 oz)  
24 x 210g Glass Bottle



8 901552 029605

WT. PER PACK  
170ml (5.98 oz)  
24 x 170ml Glass Bottle



8 901552 029612

WT. PER PACK  
200 g (7 oz)  
24 x 200g Glass Bottle



8 901552 029599



**Green Chilli Sauce**



**Dark Soy Sauce**



**Red Chilli Sauce**

WT. PER PACK  
680g (24 oz)  
24 x 680g Glass Bottle



8 901552 029582

WT. PER PACK  
750g (26.45 oz)  
24 x 750g Glass Bottle



8 901552 029605

WT. PER PACK  
700 g (7 oz)  
24 x 700g Glass Bottle



8 901552 029599

# SARSON KA SAAG



## SARSON KA SAAG

NOT AVAILABLE IN CANADA & USA

WT. PER PACK  
30oz e 850g

PACKS / CARTON  
6 X 850 GMS CANS/TRAY



## SARSON KA SAAG

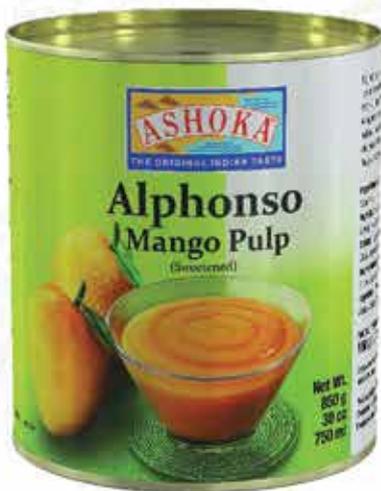
NOT AVAILABLE IN CANADA & USA

WT. PER PACK  
15oz e 450g

PACKS / CARTON  
12 X 450 GMS CANS/TRAY



# MANGO PULP



## ALPHONSO MANGO PULP

SWEETENED

WT. PER PACK  
850 g / 750 ml

6 X 850 GM CAN/TRAY

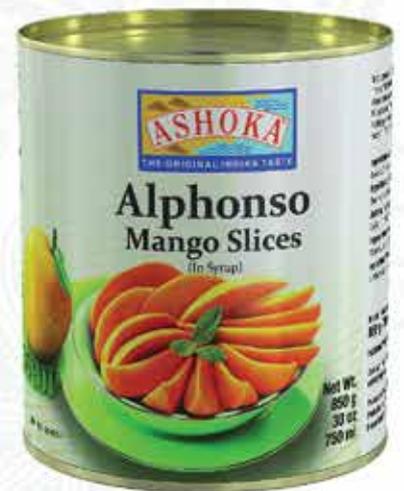


## KESAR MANGO PULP

SWEETENED

WT. PER PACK  
850 g / 750 ml

6 X 850 GM CAN/TRAY



## ALPHONSO MANGO SLICE

IN SYRUP

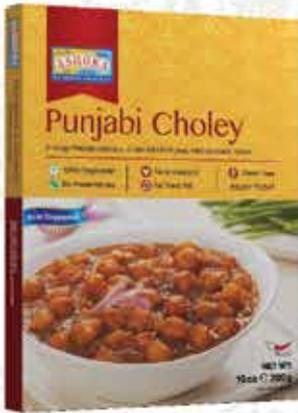
WT. PER PACK  
850 g / 750 ml

6 X 850 GM CAN/TRAY



# READY TO EAT

Gluten free • Heat and eat • No Preservatives • 100% Veg



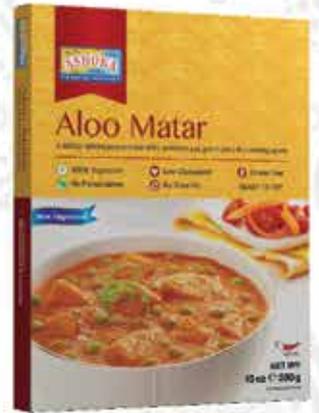
**PUNJABI CHOLEY**



**SHAHI RAJMA**



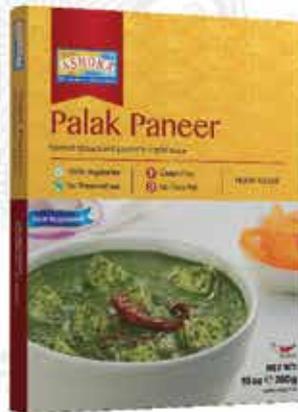
**DAL MAKHANI**



**ALOO MATAR**



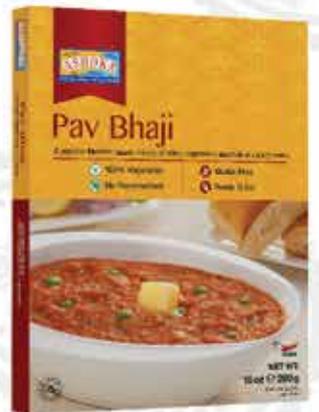
**NAVRATAN KORMA**



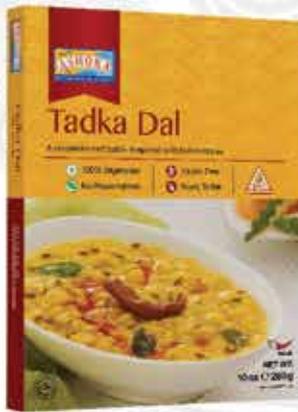
**PALAK PANEER**



**METHI MALAI MATAR**



**PAV BHAJI**



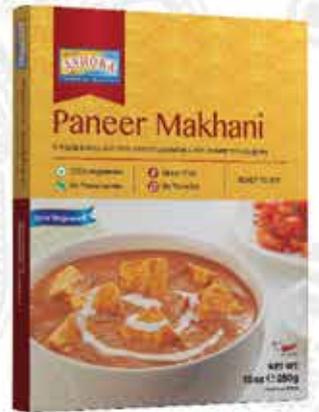
**DAL TADKA**



**MATAR PANEER**



**KASHMIRI DUM ALOO**

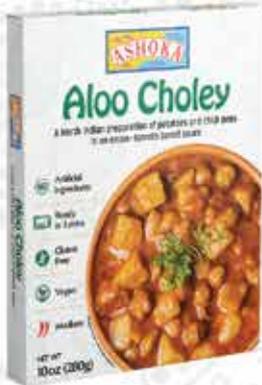


**PANEER MAKHANI**



# READY TO EAT (VEGAN)

Gluten free • Heat and eat • No Preservatives • Vegan



**ALOO CHOLEY**



**BAIGAN BHARTA**



**BHINDI MASALA**



**BOMBAY BIRYANI**



**BOMBAY PAV BHAJI**



**DAL TADKA**



**DELHI DAL MAKHANI**



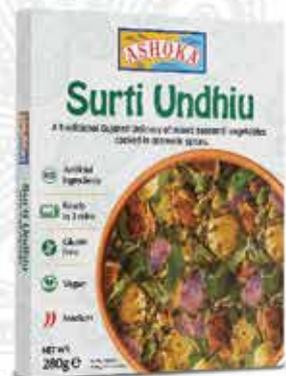
**MATAR PANEER (TOFU)**



**SAAG ALOO**



**SHAHI METHI MATAR**



**SURTI UNDHU**



# READY TO EAT (VEGAN)

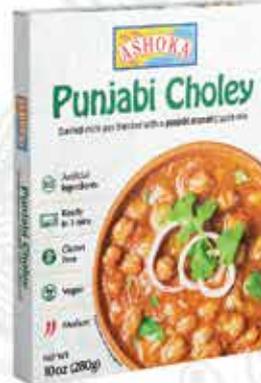
Gluten free • Heat and eat • No Preservatives • Vegan



**PALAK PANEER (TOFU)**



**PANEER (TOFU) MAKHANI**



**PUNJABI CHOLEY**



**SHAHI METHI MATAR**



**SHAHI NAVRATNA KORMA**



**ACHARI ALOO**



**ALOO MATAR**



**CHANA PULAO**



**DAL PALAK**



**DUM ALOO**



**RAJMA PULAO**



# MURABBA



**ASHOKA**  
**AMLA MURABBA**

WT. PER PACK  
1kg / DRAIN WT 550g  
6 X 1 kg Jar



**ASHOKA**  
**APPLE MURABBA**

WT. PER PACK  
1kg / DRAIN WT 550g  
6 X 1 kg Jar



**ASHOKA**  
**BEL MURABBA**

WT. PER PACK  
1kg / DRAIN WT 550g  
6 X 1 kg Jar



**ASHOKA**  
**CARROT MURABBA**

WT. PER PACK  
1kg / DRAIN WT 550g  
6 X 1 kg Jar



**ASHOKA**  
**HARAD MURABBA**

WT. PER PACK  
1kg / DRAIN WT 550g  
6 X 1 kg Jar



# MEETHI BAASTEIN



**KALA JAMUN**



**GULAB JAMUN**



**CHUM CHUM**



**RAJBHOG**



**SHAHI JAMUN**



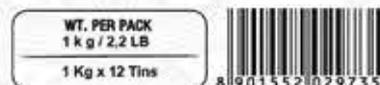
**CHAINA ANGOOR**



**ROSSOGULLA**



**RAS MALAI PATTY**





# FROZEN PRODUCTS



# PUNJABI SAMOSA

## RETAIL PACKS

Handmade • Ovenable in 25 mins • Halal • 100% Veg  
 Ready to Cook & Serve • Includes Green & Khatti Meethi Chutney



**JUMBO PUNJABI SAMOSA**

WT. PER PACK 800g e / 28.2 oz	
12 X 8 PCS X 75 GMS BOXES/CTNS	

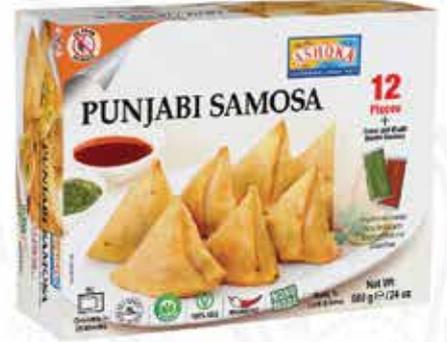
8 901552 016124



**JUMBO PUNJABI SAMOSA  
(LAHORI STYLE)**

WT. PER PACK 800g e / 28.2 oz	
12 X 8 PCS X 75 GMS BOXES/CTNS	

8 901552 020541



**PUNJABI SAMOSA  
(No Onion No Garlic)**

WT. PER PACK 680g e / 24 oz	
12 X 12 PCS X 40 GMS BOXES/CTNS	

8 901552 018852

# PUNJABI SAMOSA

## FOOD SERVICE PACK



**JUMBO PUNJABI SAMOSA**

WT. PER PACK 2175g e / 76.7 oz	
8 X 25 PCS X 75 GMS BOXES/CTNS	

8 901552 014748



**JUMBO PUNJABI SAMOSA  
(LAHORI STYLE)**

WT. PER PACK 1875g e / 66.1 oz	
8 X 25 PCS X 75 GMS BOXES/CTNS	

8 901552 020824



**PUNJABI SAMOSA  
(No Onion No Garlic)**

WT. PER PACK 1800g e / 63.5 oz	
8 X 45 PCS X 40 GMS BOXES/CTNS	

8 901552 019002



# MINI SAMOSA

Halal • 100% Veg • Includes Green Chutney • Ovenable



**MINI JALAPENO CHEESE SAMOSA**  
NOT AVAILABEL IN UK

WT. PER PACK  
500g / 17.7 oz  
12 X 500 GMS (20 PCS X 20 GMS)  
BOXES/CTNS



**MINI TANDOORI PANEER SAMOSA**  
NOT AVAILABEL IN UK

WT. PER PACK  
500g / 17.7 oz  
12 X 500 GMS (20 PCS X 20 GMS)  
BOXES/CTNS



**MINI SPINACH PANEER SAMOSA**  
NOT AVAILABEL IN UK

WT. PER PACK  
500g e / 17.7 oz  
12 X 500 GMS (20 PCS X 20 GMS)  
BOXES/CTNS



**MINI POTATO PEAS SAMOSA**

500g e / 17.7 oz  
12 X 500 GMS (20 PCS X 20 GMS)  
BOXES/CTNS



**MINI PEAS PANEER SAMOSA**  
NOT AVAILABEL IN UK

WT. PER PACK  
500g / 17.7 oz  
12 X 500 GMS (20 PCS X 20 GMS)  
BOXES/CTNS



**MINI POTATO PEAS SAMOSA**  
(NO ONION NO GARLIC) JAIN

WT. PER PACK  
500g / 17.7 oz  
12 X 500 GMS (20 PCS X 20 GMS)  
BOXES/CTNS



**MINI POTATO SCHEZWAN SAMOSA**

WT. PER PACK  
500g / 17.7 oz  
12 X 500 GMS (20 PCS X 20 GMS)  
BOXES/CTNS



# MINI SAMOSA

FOOD SERVICE PACK



**MINI POTATO PEAS SAMOSA**  
(NO ONION NO GARLIC)

WT. PER PACK  
800g / 28.2 oz  
12 X 40 PCS X 20 GMS (800  
GMS) BOXES/CTNS



**MINI POTATO PEAS SAMOSA**

WT. PER PACK  
800g / 28.2 oz  
12 X 40 PCS X 20 GMS (800  
GMS) BOXES/CTNS



**MINI POTATO SCHEZWAN SAMOSA**

WT. PER PACK  
800g / 28.2 oz  
12 X 40 PCS X 20 GMS (800  
GMS) BOXES/CTNS



# COCKTAIL SAMOSA



**COCKTAIL CHANA DAL SAMOSA**

WT. PER PACK  
400g / 14.1 oz  
12 X 400 GMS (50 PCS X 8 GMS)  
POUCHE/CTNS



**COCKTAIL POTATO PEAS SAMOSA**

WT. PER PACK  
400g / 14.1 oz  
12 X 400 GMS (50 PCS X 8 GMS)  
POUCHE/CTNS



**NEW**

# SAMOSA

Ready to Cook and Serve • 100% Veg • Hand made  
• Ovenable in 25 minutes • Bake and Eat



**MEGA PUNJABI SAMOSA**  
NOT AVAILABEL IN UK

WT. PER PACK  
2Lbs 3.27oz / (35.27oz) 2.0 Kg  
12 X 500 GMS (20 PCS X 100  
GMS) BOXES/CTNS



8 901552 023603



**MINI PUNJABI SAMOSA**  
NOT AVAILABEL IN UK

WT. PER PACK  
13.23OZ ( 375g)  
15 X 375 GMS (15 PCS X 20  
GMS) BOXES/CTNS



8 901552 026413



**GAINT PUNJABI SAMOSA**

WT. PER PACK  
4Lbs 2.1oz / (86.1oz) 1.875 Kg  
6 X 15 PCS X 125 GMS(1875  
GMS) BOXES/CTNS



8 901552 027380



**JUMBO PUNJABI SAMOSA**  
EXTRA HOT

WT. PER PACK  
4Lbs 2.1oz / (86.1oz) 1.875 Kg  
6 X 25 PCS X 75 GMS (1875  
GMS) BOXES/CTNS



8 901552 027342



**POTATO BEETROOT  
SAMOSA**

WT. PER PACK  
315g (11.1 oz)  
6 X 25 PCS X 315g  
BOXES/CTNS



8 901552 027342

**INTRODUCING**

# SAMOSA

Just Heat & Eat • Microwavable in 3 mins • 100% Veg



## POTLI SAMOSA

WT. PER PACK  
480g e / 16.2 oz  
12 X 15 PCS X 30 GMS  
BOXES/CTNS



## DOSA MASALA SAMOSA

WT. PER PACK  
2Kg / 71 oz  
6 X 100 PCS X 20 GMS  
BOXES/CTNS



## HYDERABADI SAMOSA

WT. PER PACK  
2Kg / 71 oz  
6 X 100 PCS X 20 GMS  
BOXES/CTNS



# PARATHAS

Homestyle Handmade • Tawa Cooked •  
Heat & Eat • No Preservatives • Halal • 100% Veg



**PUDINA PARATHA**



**BHATURA**



**ALOO PARATHA**



**PLAIN PARATHA**



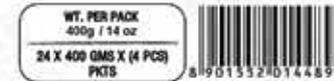
**ASLI PARATHA**



**GOBI PARATHA**



**GREEN PEAS PARATHA**



**LACHCHA PARATHA**



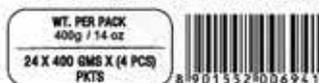
**MALABARI PARATHA**



**METHI PARATHA**



**MIXED VEGETABLE PARATHA**



**ONION PARATHA**



# PARATHAS

Homestyle Handmade • Tawa Cooked •  
Heat & Eat • No Preservatives • Halal • 100% Veg



**METHI THEPLA**



**PHULKA ROTI**



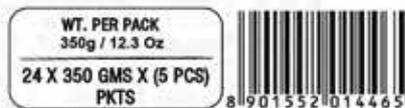
**ALOO PALAK PARATHA**



**PANEER PARATHA**



**AJWAIN PARATHA**



**MULI PARATHA**



# TANDOOR RANGE

Hand Stretched & Handmade • Tandoor Cooked • No Artificial Preservatives

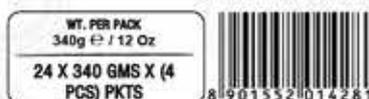
Ready in Minutes • Halal • 100% Veg



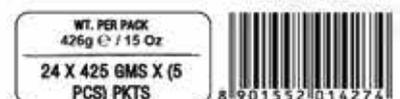
**BULLET NAAN**



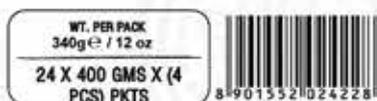
**GARLIC NAAN**



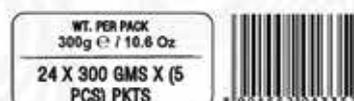
**TANDOORI NAAN**



**TANDOORI LACHHA NAAN**



**TANDOORI ROTI**



# FAMILY PACKS

Hand Stretched & Handmade • Tandoor Cooked • No Artificial Preservatives

Ready in Minutes • Halal • 100% Veg



**TANDOORI NAAN**

WT. PER PACK  
1275g e / 45 Oz  
8 X 1275 GMS (15PCS)  
BAGS



**GARLIC NAAN**

WT. PER PACK  
1020g e / 36 Oz  
8 X 1020 GMS (12PCS)  
BAGS



**ASLI PARATHA**

WT. PER PACK  
1200g e / 42.3 oz  
8 X 1200 GMS (15 PCS)  
BAGS



**ALOO PARATHA**

WT. PER PACK  
1200g e / 42.3 oz  
8 X 1200 GMS (12 PCS)  
BAGS



# MALAYSIAN STYLE PARATHAS

Authentic Taste • Cook & Eat • 100% Veg



**MALAYSIAN STYLE  
PLAIN PARATHA**

WT. PER PACK  
2,400kg / 4.65 OZ  
6 X 2400gm 30 PCS



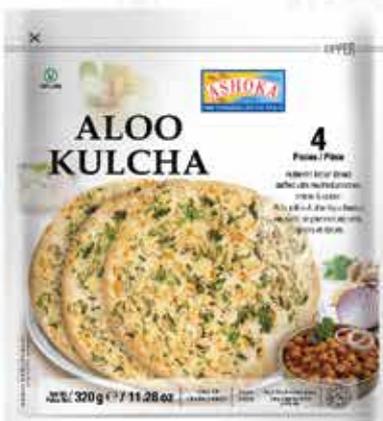
**MALAYSIAN STYLE  
WHOLE MEAL PARATHA**

WT. PER PACK  
2,400kg / 4.65 OZ  
6 X 2400gm 30 PCS



## FROZEN KULCHA

Authentic Taste • Cook & Eat • Halal • 100% Veg



**ALOO KULCHA**

WT. PER PACK  
320g e / 11.28 oz  
12 x 4 x 80 gm PKTS



**AMRITSARI KULCHA**

WT. PER PACK  
320g e / 11.28 oz  
12 x 4 x 80 gm PKTS



**PANEER KULCHA**

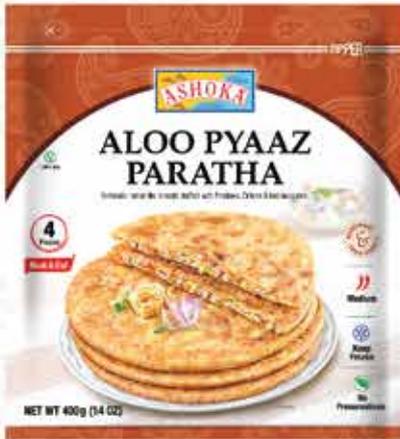
WT. PER PACK  
320g e / 11.28 oz  
12 x 4 x 80 gm PKTS



# PARATHAS

Handmade & Tawa Cooked •

Heat & Eat • No Preservatives • Keep Frozen • 100% Veg



## ALOO PYAAZ PARATHA

Also Available in 8 X 1200 GMS X (12 PCS) PKTS

WT. PER PACK  
400g / 14 oz

24 X 400 GMS X (4 PCS)  
PKTS

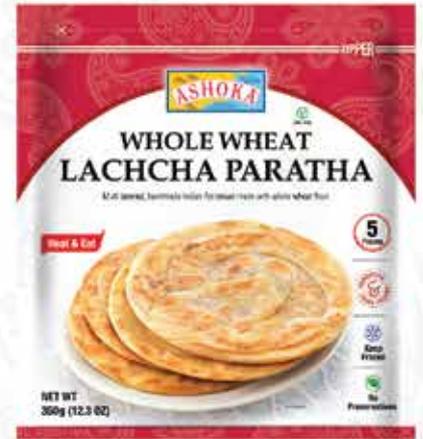


## ONION PANEER PARATHA

Also Available in 8 X 1200 GMS X (12 PCS) PKTS

WT. PER PACK  
400g / 14 oz

24 X 400 GMS X (4 PCS)  
PKTS



## WHOLE WHEAT LACHCHA PARATHA

WT. PER PACK  
350g / 12.3 oz

24 X 350 GMS X (5 PCS)  
PKTS



# RUMALI ROTI

Handmade & Tawa Cooked •

Heat & Eat • No Preservatives • Keep Frozen • 100% Veg

**NEW**



## RUMALI ROTI

WT. PER PACK  
240g / 8.46 oz

24 X 240 GM (6 PCS X 40  
GM) BAG



# KATHI ROLL

Just Heat & Eat • Microwavable in 3 mins • Halal • 100% Veg



**PIZZA KATHI ROLL**

WT. PER PACK  
200g / 7 oz  
2 X 12 X 200 GM TRAY  
(1 PCS)



8 901552 023627

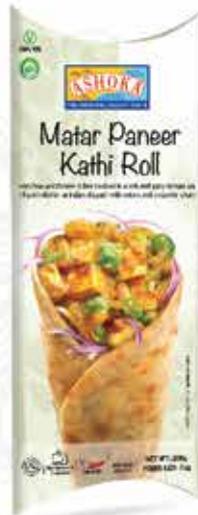


**POTATO PANEER  
SCHEZWAN KATHI ROLL**

WT. PER PACK  
200g / 7 oz  
2 X 12 X 200 GM TRAY  
(1 PCS)



8 901552 021111

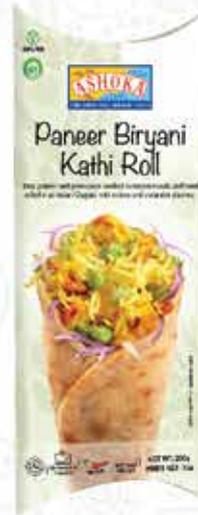


**MATAR PANEER  
KATHI ROLL**

WT. PER PACK  
200g / 7 oz  
2 X 12 X 200 GM TRAY  
(1 PCS)



8 901552 021135

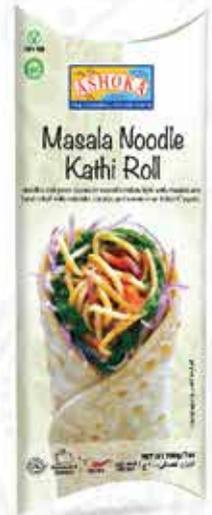


**PANEER BIRYANI  
KATHI ROLL**

WT. PER PACK  
200g / 7 oz  
2 X 12 X 200 GM TRAY  
(1 PCS)



8 901552 021128

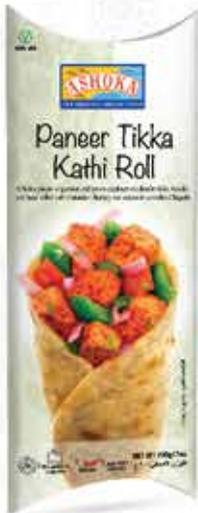


**MASALA NOODLE  
KATHI ROLL**

WT. PER PACK  
200g / 7 oz  
2 X 12 X 200 GM TRAY  
(1 PCS)



8 901552 020572



**PANEER TIKKA  
KATHI ROLL**

WT. PER PACK  
200g / 7 oz  
2 X 12 X 200 GM TRAY  
(1 PCS)



8 901552 020589

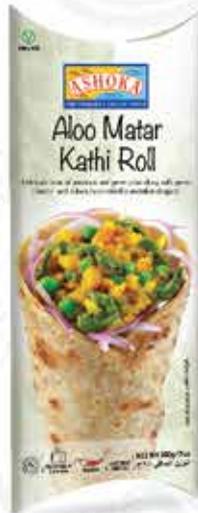


**TANDOORI ALOO  
KATHI ROLL**

WT. PER PACK  
200g / 7 oz  
2 X 12 X 200 GM TRAY  
(1 PCS)



8 901552 020596



**ALOO MATAR  
KATHI ROLL**

WT. PER PACK  
200g / 7 oz  
2 X 12 X 200 GM TRAY  
(1 PCS)



8 901552 018777



**CHILLI POTATO  
KATHI ROLL**

WT. PER PACK  
200g / 7 oz  
2 X 12 X 200 GM TRAY  
(1 PCS)



8 901552 018760



**CHATPATA ALOO  
KATHI ROLL**

WT. PER PACK  
200g / 7 oz  
2 X 12 X 200 GM TRAY  
(1 PCS)



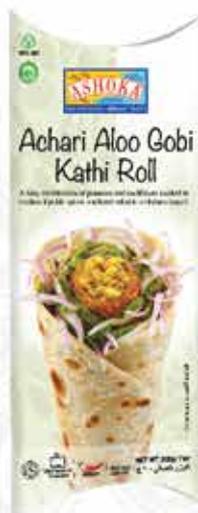
8 901552 017831

# KATHI ROLLS

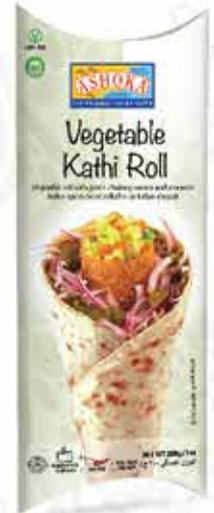
Just Heat & Eat • Microwavable in 3 mins • Halal • 100% Veg



**MASALA PANEER  
KATHI ROLL**



**ACHARI ALOO GOBI  
KATHI ROLL**



**VEGETABLE  
KATHI ROLL**

WT. PER PACK  
200g / 7 oz  
2 X 12 X 200 GM TRAY  
(1 PCS)



8 901552 017909

WT. PER PACK  
200g / 7 oz  
2 X 12 X 200 GM TRAY  
(1 PCS)



8 901552 018753

WT. PER PACK  
350g / 12.3 oz  
2 X 12 X 200 GM TRAY  
(1 PCS)



8 901552 017893



**ACHARI ALOO  
KATHI ROLL**

WT. PER PACK  
300g e / 10.6oz  
12 X 300 GMS (2 PCS.)



8 901552 013574



**PANEER BHURJI  
KATHI ROLL**

WT. PER PACK  
300g e / 10.6oz  
12 X 300 GMS (2 PCS.)



8 901552 013550



**PANEER MAKHANI  
KATHI ROLL**

WT. PER PACK  
300g e / 10.6oz  
12 X 300 GMS (2 PCS.)



8 901552 014991



**PANEER SCHEZWAN  
KATHI ROLL**

WT. PER PACK  
300g e / 10.6oz  
12 X 300 GMS (2 PCS.)



8 901552 013581

# DOSA WRAPS

Gluten Free • Microwave in 3 mins • Heat & Eat • Halal • 100% Veg



**ALOO 65 DOSA WRAP**

WT. PER PACK  
200g / 7 oz  
2 X 10 X 200 GM TRAY (1 PCS)



**MASALA DOSA WRAP**

WT. PER PACK  
200g / 7 oz  
2 X 10 X 200 GM TRAY (1 PCS)



**PANEER CURRY DOSA WRAP**

WT. PER PACK  
200g / 7 oz  
2 X 10 X 200 GM TRAY (1 PCS)



# PASTRY PUFFS

Vegan • Ready to Cook & Serve • Ovenable • Halal



**ALOO MATAR**  
PASTRY PUFF

WT. PER PACK  
390g e 13.7 oz  
12 X 390 GMS (6 PCS X 65 GMS)  
BOX/CARTONS



**CHANA MASALA**  
PASTRY PUFF

WT. PER PACK  
390g e 13.7 oz  
12 X 390 GMS (6 PCS X 65 GMS)  
BOX/CARTONS



Indian street snack

# INDIAN STREET SNACKS



**ONION PAKORA (HOT)**



**SPINACH PAKORA**



**ONION PAKORA**

WT. PER PACK  
283g e / 10 oz

12 X 283 GM PKTS/  
CARTONS



WT. PER PACK  
283g e / 26.4 oz

12 X 283 GM PKTS/  
CARTONS



WT. PER PACK  
283g e / 10 oz

12 X 283 GM PKTS/  
CARTONS



## BAKED SNACKS

Baked authentic Indian street food • Microwavable in 90 seconds  
Just Heat & Eat • No Artificial Preservatives • Halal • Vegan



**BAKED DABELI PAV**



**BAKED VADA PAV**

WT. PER PACK  
630g e / 22 oz

12 X 8 PCS X 75 GMS  
PACKS/CARTONS



WT. PER PACK  
510g e / 18 oz

12 X 8 PCS X 75 GMS  
PACKS/CARTONS



# BAKED SNACKS

Baked authentic Indian street food • Microwavable in 90 seconds

Just Heat & Eat • No Artificial Preservatives • Halal • Vegan



**BAKED VADA PAV**

WT. PER PACK  
310g e / 11 oz

12 X 4 PCS X 75 GMS  
PACKS/CARTONS



8 901552 024075



**BAKED DABELI PAV**

WT. PER PACK  
315g e / 11 oz

12 X 4 PCS X 75 GMS  
PACKS/CARTONS



8 901552 024082



**BAKED PAV BHAJI**

WT. PER PACK  
300g e / 10.6 oz

12 X 4 PCS X 75 GMS  
PACKS/CARTONS



8 901552 024068



**BAKED PANEER BHURJI PAV**

WT. PER PACK  
300g e / 10.6 oz

12 X 4 PCS X 75 GMS  
PACKS/CARTONS



8 901552 024044



**BAKED JAIN PAV BHAJI**

WT. PER PACK  
300g e / 10.6 oz

12 X 300 GMS (4 X 75  
GMS) BOXES / CARTON



8 901552 024488



**BAKED JAIN VADA PAV**

WT. PER PACK  
310g e / 11 oz

12 X 310 GMS (4 X 75  
GMS) BOXES / CARTON



8 901552 024471



**BAKED DOSA PAV**

WT. PER PACK  
300g e / 10.6 oz

12 X 4 PCS X 75 GMS  
PACKS/CARTONS



8 901552 024051



**BAKED VEG KEEMA PAV**

WT. PER PACK  
300g e / 10.6 oz

12 X 4 PCS X 75 GMS  
PACKS/CARTONS



8 901552 024037

# SNACKS



**MOONG DAL KACHORI**

WT. PER PACK  
520g e / 18.3 oz  
12 X 520 GMS PKTS/CTNS  
(12 PCS)



**PONK**

WT. PER PACK  
170g e / 6 oz  
12 X 170 GMS  
BOXES/CTNS



**PANEER TIKKI**  
NOT AVAILABLE IN UK

WT. PER PACK  
400g e / 14.1 oz  
12 X 400 GMS TRAYS (6  
TIKKIS)



**TOOVAR LILVA KACHORI**

WT. PER PACK  
520g e / 18.3 oz  
12 X 520 GMS PKTS/CTNS  
(12 PCS)



**KHAMAN DHOKLA**

WT. PER PACK  
275g e / 9.7 oz  
12 X 275 GMS PKTS/CTNS



**DUDHI MUTHIA**

WT. PER PACK  
275g e / 9.7 oz  
12 X 275 GMS PKTS/CTNS



**PATRA VATA**

WT. PER PACK  
908g e / 32 oz  
12 X 908 GMS TRAYS (3  
PCS)



**SABUDANA TIKKI**

WT. PER PACK  
320g e / 11.2 oz  
24 X 320 GMS TRAYS (20  
PCS)



# SNACKS



**CHANA DAL TIKKI**



**VEG SHAMI KEBAB**



**HARA BHARA KEBAB**

WT. PER PACK  
920g e / 32.5 oz  
10 X 920 GMS TRAYS (12  
PCS)



WT. PER PACK  
360g e / 12.6 oz  
12 X 360 GMS TRAYS (12  
PCS)



WT. PER PACK  
360g e / 12.6 oz  
12 X 360 GMS TRAYS (12  
PCS)



**JUMBO ALOO TIKKI**



**MASALA VEGETABLE BURGER PATTICE**



**VEGETABLE CUTLET**

WT. PER PACK  
920g e / 32.5 oz  
10 X 920 GMS TRAYS (12  
PCS)



WT. PER PACK  
300g e / 10.6 oz  
12 X 300 GMS (4 PATTIES)  
TRAY/CTN



WT. PER PACK  
400g e / 14.1 oz  
12 X 400 GMS TRAYS (12  
CUTLETS)



**BEETROOT TIKKI**



**SPICED FALAFEL**



**SWEET CORN TIKKI**

WT. PER PACK  
360g e / 12.6 oz  
12 X 12 PCS X 30 GMS  
BOXES/CTNS



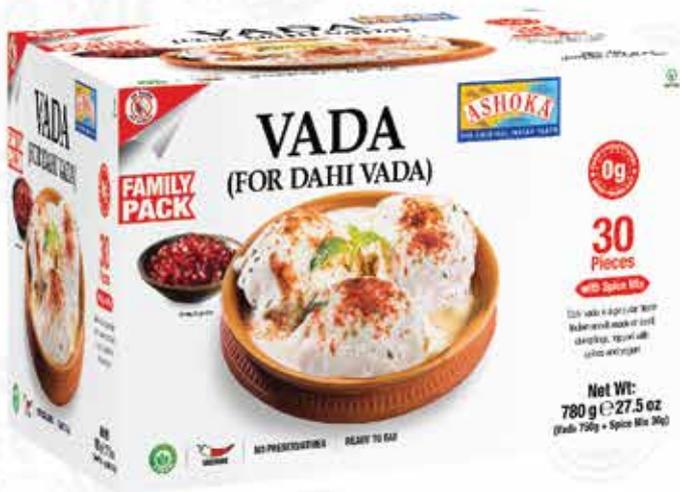
WT. PER PACK  
360g e / 12.6 oz  
12 X 18 PCS x 20g  
PACKS/CTNS



WT. PER PACK  
360g e / 12.6 oz  
12 X 12 PCS x 20g  
PACKS/CTNS



# VADA (FOR DAHI VADA)



VADA  
(FOR DAHI VADA)

WT. PER PACK  
780g / 27.5 oz  
2 X 12 X 780 GM TRAY  
(1 PCS)



8 901552 024891

PUNJABI  
DAHI BHALLA

WT. PER PACK  
260g / 27.5 oz  
2 X 10 X 7260 GM TRAY  
(1 PCS)



8 901552 024280

# KOFTA BALLS



KOFTA BALLS

WT. PER PACK  
700 g / 24.7 Oz  
6X 700 gm 35 (PCS)



8 901552 027762

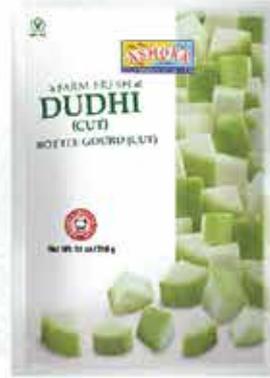
# FROZEN VEGETABLES



**SHALLOTS**



**GARLIC CLOVES**



**DUDHI ( CUT )**



**BHINDI ( CUT )**



**BHINDI ( WHOLE )**



**COCONUT SHREDS**  
NOT AVAILABLE IN USA



**GOOVAR ( CUT )**



**GREEN CHANA**



**INDIAN GREEN PEAS**



**JAMUN**



**KALA CHANA**



**KANTOLA ( CUT )**



# FROZEN VEGETABLES



**KARELA ( CUT )**



**LILA LASAN GREEN GARLIC ( CUT )**



**LOTUS ROOT (CUT)**



**METHI**  
NOT AVAILABLE IN USA



**PALAK**  
( SPINACH PASTE )



**PAPDI LILVA**  
( INDIAN BEAN SEEDS )



**PATRA**  
( STUFFED COLOCASIA LEAVES )



**PUNJABI TINDA ( CUT )**



**RATALU ( CUT )**  
NOT AVAILABLE IN CANADA



**SARAGOVA ( CUT )**



**SURAN ( CUT )**



**SURTI PAPDI**  
NOT AVAILABLE IN USA



# FROZEN VEGETABLES



**TINDORA ( CUT )**



**TOOVAR LILVA**



**GREEN CHILLI ( WHOLE )**  
NOT AVAILABLE IN CANADA



**SURTI UNDHU**  
NOT AVAILABLE IN CANADA



**VAL LILVA**  
NOT AVAILABLE IN USA & CANADA



**VAL PAPDI**  
NOT AVAILABLE IN USA & CANADA



**PARVAL ( CUT )**



**ARVI ( CUT )**



**RED CHILLI**  
**( WHOLE WITHOUT STEM )**



**AMLA**  
**( SLICED )**



**COCONUT SLICES**



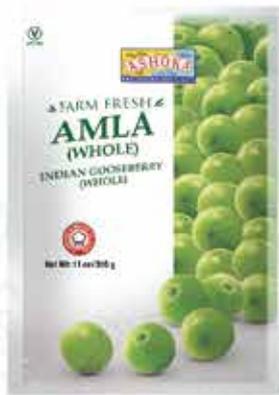
**INDIAN GREEN MANGO CUT**



# FROZEN VEGETABLES



**SINGODA  
(COOKED)**



**AMLA  
(WHOLE)**



**METHI LEAVES  
(CHOPPED)**



**JAMUN**



## FOOD SERVICE PACK



**BHINDI (CUT)**



**BHINDI (WHOLE)**



**GREEN CHILLI (WHOLE)**



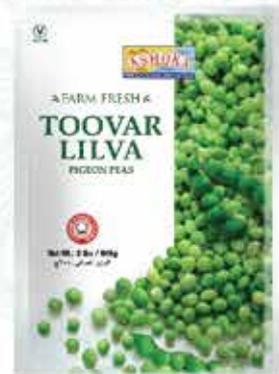
**KARELA (CUT)**



**MIXED VEGETABLE CUT**



**TINDORA (CUT)**



**TOOVAR LILVA**



# FROZEN FRUITS



**ALPHONSO MANGO SLICES**



**FLASA**

WT. PER PACK  
310g / 11 oz

24 X 310 GMS PACKS/-  
CARTON



WT. PER PACK  
310g / 11 oz

24 X 310 GMS PACKS/-  
CARTON



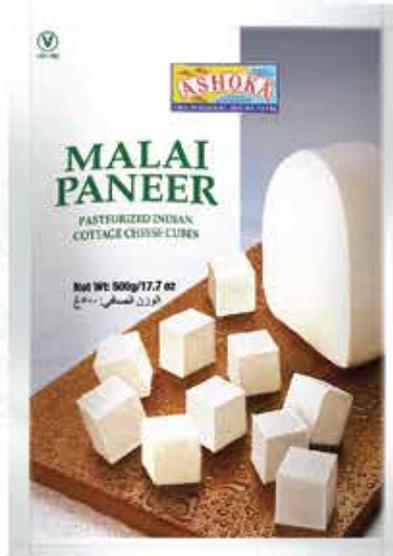
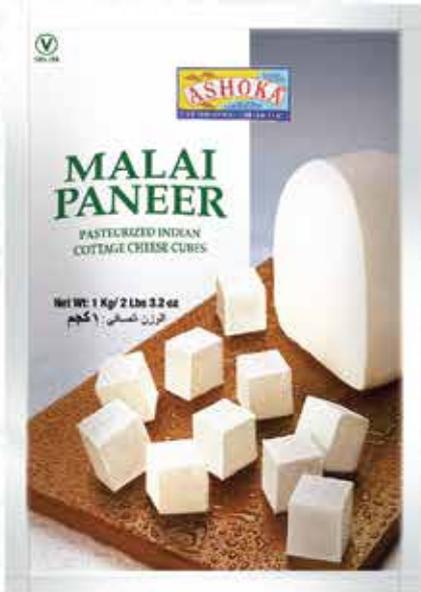
**TENDER JACKFRUIT  
(CUT) KATHAL**

WT. PER PACK  
310g / 11 oz

24 X 310 GMS PKTS/CART



# MALAI PANEER



## MALAI PANEER

AVAILABLE IN MIDDLE EAST / AUS / NEWZ

WT. PER PACK  
1kg / 3.2 oz  
24 X 1kg / Bags



## MALAI PANEER

AVAILABLE IN MIDDLE EAST / AUS / NEWZ

WT. PER PACK  
500g / 17.7 oz  
24 X 500g / Bags



## MALAI PANEER

AVAILABLE IN MIDDLE EAST / AUS / NEWZ

WT. PER PACK  
200g / 7 oz  
60 x 200g / Bags



# KHOA / MAWA

Halal • Keep Frozen



## KHOA / MAWA

WT. PER PACK  
500g  
24 X 500g / Packs



## KHOA / MAWA

WT. PER PACK  
2 Lbs 3.27 oz (35.27 oz) (1.0 Kg)  
12 X 1.0 Kg / Packs



**NEW**

# FROZEN CURRIES

Heat & Eat • Keep Frozen • Halal • 100% Veg



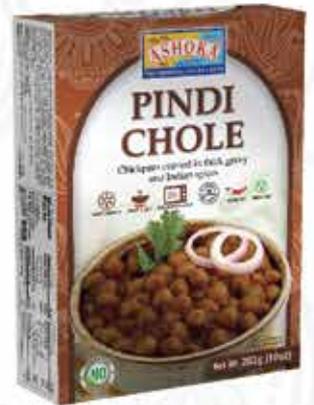
**DAL MAKHANI**



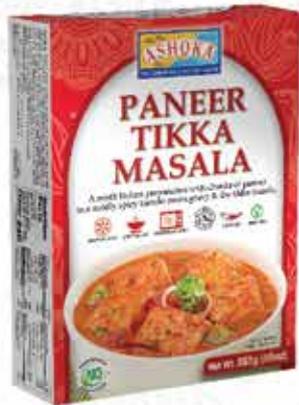
**KADHAI PANEER**



**MATAR PANEER**



**PINDI CHOLE**



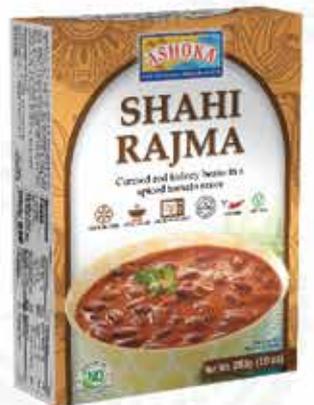
**PANEER TIKKA MASALA**



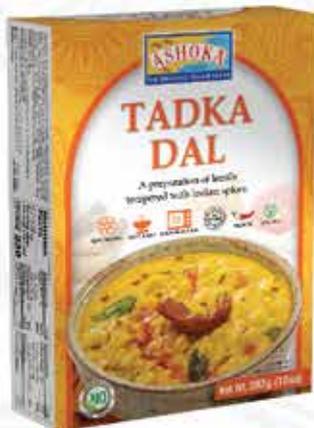
**PAV BHAJI**



**PUNJABI CHOLEY**



**SHAHI RAJMA**



**TADKA DAL**



**MALAI KOFTA**



**NEW**

# BULK GRAVIES



**BAIGAN BHARTA**

WT. PER PACK  
8 lbs (3.63 Kg)  
2 X 3.63 kg (8 lbs) trays  
(FROZEN)



8 901552 029155



**DAL MAKHANI**

WT. PER PACK  
8 lbs (3.63 Kg)  
2 X 3.63 kg (8 lbs) trays  
(FROZEN)



8 901552 029131



**MALAI KOFTA**

WT. PER PACK  
8 lbs (3.63 Kg)  
2 X 3.63 kg (8 lbs) trays  
(FROZEN)



8 901552 029179



**PALAK PANEER**

WT. PER PACK  
8 lbs (3.63 Kg)  
2 X 3.63 kg (8 lbs) trays  
(FROZEN)



8 901552 029124



**PANEER TIKKA MASALA**

WT. PER PACK  
8 lbs (3.63 Kg)  
2 X 3.63 kg (8 lbs) trays  
(FROZEN)



8 901552 029186



**PUNJABI CHOLEY**

WT. PER PACK  
8 lbs (3.63 Kg)  
2 X 3.63 kg (8 lbs) trays  
(FROZEN)



8 901552 029162



**TADKA DAL**

WT. PER PACK  
8 lbs (3.63 Kg)  
2 X 3.63 kg (8 lbs) trays  
(FROZEN)



8 901552 029148

# PLANT BASED CURRIES

Just Heat & Eat • Microwavable in 3 mins • Halal • 100% Veg



**Butter Chik'n**

WT. PER PACK  
283g / 10oz  
12 X 283  
BOXES/CTNS



**Jackfruit Curry**

WT. PER PACK  
283g / 10oz  
12 X 283  
BOXES/CTNS



**Mut'n Curry**

WT. PER PACK  
283g / 10oz  
12 X 283  
BOXES/CTNS



**Mut'n Nihari**

WT. PER PACK  
283g / 10oz  
12 X 283  
BOXES/CTNS



**Mut'n Rogan Josh**

WT. PER PACK  
283g / 10oz  
12 X 283  
BOXES/CTNS



# INDO-CHINESE



**MANCHURIAN BALLS  
(WITH GRAVY)**



**MANCHURIAN BALLS  
(DRY)**



**CHILLI PANEER**

WT. PER PACK  
283g e / 10 oz  
12 X 283 GMS  
PACKS/CARTONS



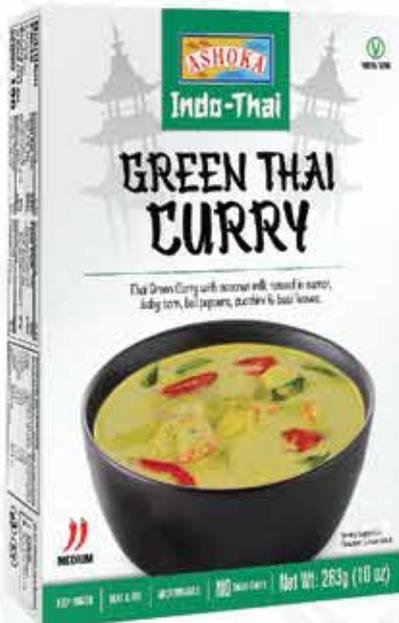
WT. PER PACK  
750g e / 26.4 oz  
12 X 750 GM (60 PCS)  
BOXES/CTNS



WT. PER PACK  
283g e / 10 oz  
12 X 283 GMS  
PACKS/CARTONS



# INDO-THAI



**GREEN THAI CURRY**



**RED THAI CURRY**

WT. PER PACK  
283g e / 10 oz  
12 X 8 PCS X 75 GMS  
PACKS/CARTONS

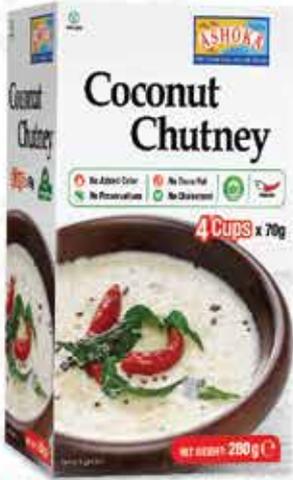


WT. PER PACK  
283g e / 10 oz  
12 X 8 PCS X 75 GMS  
PACKS/CARTONS

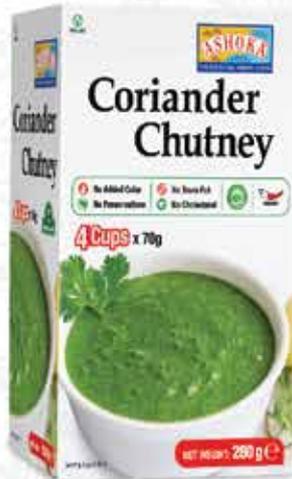


# FROZEN CHUTNEYS

No Cholesterol • No added Colours, Flavours & Preservatives • Vegan



**COCONUT CHUTNEY**



**CORIANDER CHUTNEY**



**DATE & TAMARIND CHUTNEY**



**MINT CHUTNEY**



**PANIPURI CONCENTRATE  
(REGULAR)**



**PANIPURI CONCENTRATE  
(SWEET & SOUR)**



**SANDWICH CHUTNEY**



# FROZEN COOKING PASTE CUBES

Ready to use • No added Colours, Flavours & Preservatives

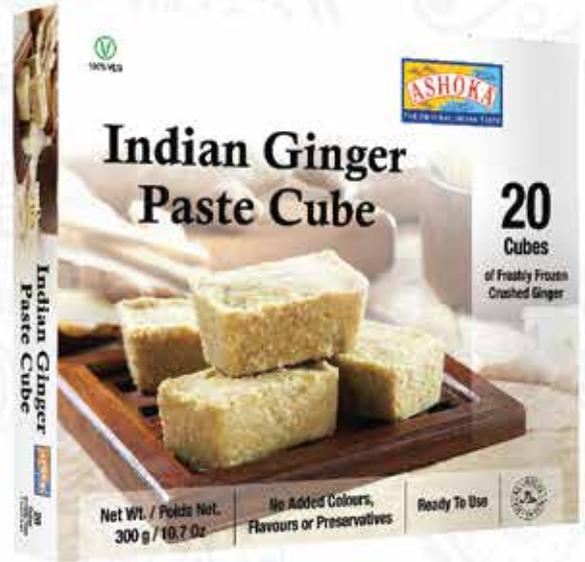


## INDIAN GARLIC PASTE CUBE

NOT AVAILABLE IN UK

WT. PER PACK  
300g / 10.7 oz

12 X 300 GMS TRAY /  
CTNS



## INDIAN GINGER PASTE CUBE

NOT AVAILABLE IN UK

WT. PER PACK  
300g / 10.7 oz

12 X 300 GMS TRAY /  
CTNS



## INDIAN GREEN CHILLI PASTE CUBE

NOT AVAILABLE IN UK

WT. PER PACK  
300g / 10.7 oz

12 X 300 GMS TRAY /  
CTNS



**NEW**

# MEETHI BAAATEIN



**Rasmalai**

WT. PER PACK  
1 kg / 35.3 Oz  
10 X 1 kg Tray / Box



**GULAB JAMUN**

WT. PER PACK  
1.0 kg / 35.3 Oz  
10 X 1 kg Tray / Box



**Cream Sandwich**

WT. PER PACK  
450 gm / 15.8 Oz  
9 pcs / pack (50 gms/pc)  
Case Packing: 10\*450 gm



**Motichoor Ladoo**

WT. PER PACK  
400 gm / 14.1 Oz  
12 pcs / pack (34 gms/pc)  
Case Packing: 10\*400 gm



**Ras Madhuri**

WT. PER PACK  
360 gm / 12.7 Oz  
12 pcs / pack (30 gms/pc)  
Case Packing: 10\*360 gm



**GULAB JAMUN**

WT. PER PACK  
14 kg / 300 Oz  
24 X 320 GMS TRAYS (200 PCS)





**DESI** at  
**HEART**

 **ADF Ashoka**

 **adfashokaofficial**

